Nutrition



Forever FizzTM Effervescent Energy Formula

Forever Fizz® Effervescent Energy Formula is a great-tasting, effervescent mango-flavored tablet that is designed to be dissolved in water for quick and easy delivery to your body for energy.

Get a quick burst of energy with each tasty tablet. Individually wrapped tablets are easy to pack when you are on the go. And the perforated tablets allow you to easily drop Forever Fizz in a bottle of Forever Natural Spring Water for a refreshing and energizing boost-any time of day!

S u p p l e m e n t F a Serving Size 1 Tablet	c t	s
Amount Per Serving	% Dail	y Value
Calories	5	
Total Carbohydrate	1 g	<1%
Sugars	1 g	†
Niacin (as niacin)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as cyanocobalamin)	3 mcg	50%
Pantothenic acid (as calcium pantothenate)	5 mg	50%
Sodium (as sodium bicarbonate and sodium carbonate)	300 mg	10%
L-Taurine	200 mg	t
L-Leucine	175 mg	†
Glucuronolactone	100 mg	†
Panax ginseng (root) extract	40 mg	†
*Percent Daily Values are based on a 2,000 calorie diet. †Daily Values not established.		

OTHER INGREDIENTS

Dextrose, citric acid, sodium bicarbonate, natural flavor, malic acid, sodium carbonate, sucralose, and silicon dioxide.

CONTENTS
30 tablets

SUGGESTED USE

MUST BE DISSOLVED IN WATER BEFORE CONSUMING. Dissolve one tablet per day in approximately 8 Fl. Oz. (237 ml) of water. After the tablet has dissolved completely, consume contents within 15 minutes for best results.



- · Delicious mango flavor
- Dissolves in water for quick delivery
- Perforated tablet fits easily in Forever Natural Spring Water bottle

PRODUCT #283

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.