

A-Beta-CarE

Description and Purpose

Forever A-Beta-CarE is an essential formula with vitamins A (beta-carotene) and E, plus the antioxidant mineral selenium. Antioxidants are vital in the fight against free radicals, (chemical molecules that arise from pollutants in the body and which can damage healthy cells).

Vitamin A has long been recognised as a powerful nutrient for the sight and the skin. Forever A-Beta-CarE is a specially formulated nutritional supplement that supplies vitamin A to the body in the beta-carotene form. The body converts beta-carotene to vitamin A in the small intestine during digestion as and when it is needed. So there is no fear of an overdose of vitamin A, which can be toxic when taken in large doses. Beta-carotene is also a recognised antioxidant, making it an ideal companion for vitamin E and selenium. Vitamin E is an excellent supplement for healthy skin too.

The third member of this amazing trio is selenium, a trace mineral. It is one of the most powerful antioxidant nutrients known and works synergistically with both vitamin E and beta-carotene.

At a glance...

- Helps combat the effects of ageing on the skin
- Promotes healthy skin, hair, eyesight and heart
- Powerful antioxidants
- Particularly important to men's health



It also has a beneficial effect in maintaining healthy hair and skin, and good eyesight. Recent research has shown that selenium is very important in maintaining men's health.

The evidence is overwhelming that this combination of nutrients is one of the most important weapons in your armoury to maintain good health, and it is now available in one convenient product, Forever A-Beta-CarE.

Formula Ingredients

Vitamin A (as beta-carotene)	7.5mg
Vitamin E (as D-alpha tocopherol)	200mg
Selenium (as L-selenomethionine)	0.025mg

Other Ingredients

Refined soybean oil, D-alpha tocopherol, gelatin, glycerin, beeswax, purified water, rosemary powder, carrot oil, soy lecithin, dark carob extract, beta carotene, and L-selenomethionine.

Contents

100 softgel capsules.

Suggested Use

Take 1 softgel twice daily.



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